

NANA (Necessary Academics for Next-level Achievement) SCHOOL

Using the SODAS Problem Solving Method

<https://www.brownwoodisd.org/Page/2347> (SODAS brief information)

[Help children make good choice | Decision Making skill \(SODAS Method\) - YouTube](#) (SODAS video)

SODAS Decision-Making Model

SODAS is the name of a strategy that gives parents a roadmap for teaching children how to solve problems and make good decisions. SODAS stands for: **S = Situation. O = Options. D = Disadvantages. A = Advantages. S = Solution**

Situation – Describe the situation (what is happening) then have the student identify (tell you) the problem that has occurred from this situation.

Options – Have the student identify three different choices they might use to eliminate this problem.

Disadvantages – Discuss and write down the disadvantages (downside) of each option. See SODAS worksheet [here](#)

Advantages – Discuss and write down the advantages (upside) of each option.

Solution – Using the worksheet, have the student choose the best advantages and eliminate the worst disadvantages to decide on the best option for solving the problem.